

Peanut/Tree Nut Free Safe Treat Options

Please avoid treats that contain: peanuts, peanut flour, peanut oil, peanut butter and tree nuts.

Tree nuts include: almonds, cashews, pistachios, hazelnuts, walnuts, pine nuts, Brazil nuts, coconut, etc.

Please attempt to select snacks for the trip that everyone can enjoy.

Gluten Free (GF) Item

Cereal/Bars

Nutri-Grain - Apple, Blueberry, Raspberry, Cherry, Mixed Berry, Strawberry

Millville Brand (Aldi)- Krispy Rice Treats

Rice Krispies Treats-Originals

Pop-Tarts- Frosted Blueberry, Brown Sugar and Cinnamon, Cherry, Frosted Strawberry

S'Mores, Confetti Cupcake

Crackers/Chips/Cookies

Austin Zoo Animal Crackers

Cupcakes/Snack Cakes

Hostess Cupcakes, Twinkies and Ding Dongs

Fig Newtons (all flavors)

Frito Lay

Cheetos - Crunch, Puffs, Flamin' Hot, Cheddar Jalapeno, Cheddar Flavored Popcorn

Rold Gold Pretzels

Sun Chips - Original, French Onion, Cheddar, Garden Salsa

Lays Chips - Classic Potato Chips, Sour Cream and Onion, BBQ

Baked Lays-Original, Sour Cream and Onion, BBQ

Poppables-Sea Salt, White Cheddar

Doritos-Nacho, Spicy Nacho, Cool Ranch

Keebler

Nilla Wafers

Graham or "Scooby – Do" Graham cracker sticks (honey or cinnamon)

Town House Classic Crackers

Keebler Grahams

Nabisco

Chips - Ahoy –Regular and Snack bags
Townhouse “Flip Sides”
Ritz - Original
Wheat Thins – Original (Low Fat or Wheat)
Ritz Handi-Snacks
Oreo Sandwich Cookies-Original, Golden, Double Stuffed - **Gluten Free Oreos**
Teddy Grahams-Honey, Cinnamon, Chocolate Chip, Chocolate

Crackers/Chips/Cookies, continued

Barnum Animal Crackers plain
Cheese Nips
Newtons - Fig, Cobblers, Apple, Strawberry

General Mills

Chex Mix original, Cheddar, Bold

Garden of Eatin' – original recipe

Pepperidge Farm

Milano-Chocolate sandwich cookies or individual packs
Goldfish - Cheddar, Colors, Pretzel, Vanilla Cupcake, Fudge Brownie, S'Mores

Sunshine

Cheez-It - Regular, Reduced Fat, Extra Toasty, Cheddar Jack, White Cheddar

Candy

Skittles
Swedish Fish
Starbursts
Lifesaver Peppermints
Twizzlers
Original sweet tarts - Copycat names are made in a nut factory.

Other Snack Options:

Skinny Pop Popcorn
Marcus Theater Popcorn:
Quaker Mini Rice Cakes Caramel & Apple Cinnamon
Schnucks Brand- Mini Rice Cakes Caramel
Fit & Active Brand (Aldi) Mini Rice Cakes Caramel

Always remember to double-check the label for allergen warnings.

Companies can change their ingredients or processing procedures at any time.

GF Options

(All below are GF free; at time of listing they were peanut/tree nut free as well)

Made Good Puffed Stars (goldfish alternative)
Baked Lays variety assortments which have been labeled with GF emblem
Stax Lays
Veggie Straws
Synder's Gluten Free Pretzel Sticks or Glutino GF Pretzels
Tates GF chocolate chip cookies
Popcorners- Sea Salt or Kettle Corn flavors
Quaker Rice Crisps
Annie's Gluten Free chocolate chip granola bars
Skinny Pop
Pirates Booty
Cheeto Puffs
Gluten Free Oreos (now they also make gf mint oreos)
Aldi's Brand cheese puffs and Pringle knock offs
Great Value Brand Cheddar Doritos and Cool Ranch Doritos

Breakfast Type Items

Katz Glazed Donuts (frozen section) and Donut Holes
Good and Gather (Target) Double chocolate muffins (frozen until ready to use)
Veggies Made Great= banana chocolate chip muffins and also double chocolate muffins
(frozen until ready to use)